

Drug and Alcohol Abuse  
Akron-Summit County Public Library

Nonfiction

Allen, John. **The Dangers of Heroin**, 2017. TEENNF 362.293 AL427h

Discusses why people use heroin, where they are getting it, how it affects the brain and the challenges of treatment and recovery.

Goldsmith, Connie. **Addiction and Overdose: Confronting an American Crisis**, 2018.

TEENNF 362.29 G624a

Very informative book that discusses the science and power of addiction, the dangers of withdrawal and the many different treatment options available for people who struggle with addiction.

Meyer, Terry Teague. **I Have an Alcoholic Parent, Now What?**, 2015. TEENNF 362.2923M613i

Describes how alcohol affects the brain and body and helps teens recognize an alcoholic in their home. It also has very helpful information on how teens can cope with an alcoholic parent and how to seek help when a parent is addicted to alcohol.

Fiction

Burgess, Melvin. **Smack**, 1996. TEEN

After running away from their troubled homes, two English teenagers move in with a group of squatters in the port city of Bristol and try to find ways to support their growing addiction to heroin.

Lockhart, E. **We Were Liars**, 2014. TEEN

Spending the summers on her family's private island off the coast of Massachusetts with her cousins and a special boy named Gat, teenaged Cadence struggles to remember what happened during her fifteenth summer.

Myers, Walter Dean. **Dope Sick**, 2009. TEEN

After a botched drug deal leaves a cop fighting for his life, Jeremy Dance (aka Lil J) knows that's he made some bad decisions.

Tharp, Tim. **The Spectacular Now**, 2008. TEEN

In the last months of high school, charismatic eighteen-year-old Sutter Keely lives in the present, staying drunk or high most of the time, but that could change when starts working to boost the self-confidence of a classmate, Aimee.

10/2018